## Amendments to the Claims

- 1. (Previously presented) A food for improving the cognitive function of the brain of the food consumer containing a minimum of 100 mg of phosphatidyl serine, and with a minimum of 15 g of carbohydrates.
- (Original) A food according to claim 1 wherein the phosphatidyl serine is present in an amount of from 200 to 300 mg.
- 3. (Previously presented) A method comprising consuming the food of claim 1 to protect against attention deficit disorders and lack of concentration, to protect against impaired memory and learning disorders, to improve attentiveness and concentration, to improve memory and learning ability and/or to use in learning and training processes.
- 4. (Currently amended) The food of claim 1 which is a "functional food" product, for example, selected from the group consisting of beverages, bread spreads, chocolate products, candy products, milk, dairy products, diet foods, and cereals.
- 5. (Previously presented) A food bar for improving the cognitive function of the brain of the food consumer, with a minimum of 100 mg to about 300 mg of phosphatidyl serine, and with a minimum of 15 g of carbohydrates;

whereby glucose intake into the brain is improved by consuming said combination of phosphatidyl serine and carbohydrates.

6. (Previously presented) The bar of claim 5 with a weight of at least 20 g to about 35 g.

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7. (Previously presented) A food bar for improving the cognitive function of the brain of the food consumer with a minimum of 40 wt % to about 57 wt % carbohydrates, and with a minimum of 1 wt % to about 1.4 wt % lecithin extract containing phosphatidyl serine.

8. (Previously presented) The bar of claim 5 with a minimum of 10 wt % to about 16 wt % protein.

(Original) The bar of claim 5 which is enriched with vitamins and which has a chocolate coating.

10. (Previously presented) The bar of claim 5 with a minimum of 15 wt % to about 27 wt % fat

11. (Original) The bar of claim 5 with a water content of less than 3%.

12. (Previously presented) The bar of claim 5 to protect against attention deficit disorders and lack of concentration, to protect against impaired memory and learning disorders, to improve attentiveness and concentration, to improve memory and learning ability and/or to use in learning and training processes.

13. (Original) The bar of claim 5 which is a "functional food" product.

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